

# Center for Pain and Spine Care

## NEW PATIENT INTAKE FORM

### PATIENT INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Sex:  M  F      Marital Status:  S  M  W  D      Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

Currently Employed:  Yes  No      Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

*Please circle for the following questions:*

Race: White / Black / Hispanic / American Indian / Alaska Native / Asian / African American / Native Hawaiian / Other

Ethnicity: Hispanic or Latino / Not Hispanic or Latino / Other

Language: English / Spanish / Italian / French / German / Chinese / Arabic / Other

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone # \_\_\_\_\_

PCP: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Referring MD: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_

How did you hear about our office? Doctor/Attorney/Friend/Internet

Is your pain related to a work injury/ motor vehicle accident / other?

### INSURANCE INFORMATION

(If your pain was caused by an accident please use that information as your primary insurance)

| Primary Insurance |                       | Secondary Insurance |                    |
|-------------------|-----------------------|---------------------|--------------------|
| Company :         | _____                 |                     | _____              |
| Card Holder:      | Name: _____           | Name:               | _____              |
| Card Holder:      | DOB: _____ SSN: _____ | DOB:                | SSN: _____         |
| Policy #          | _____                 |                     | _____              |
| Group#            | _____                 |                     | _____              |
| Date of Accident: | _____                 | Claim#:             | _____              |
| Attorney:         | _____                 | Phone: #:           | _____ Fax #: _____ |
| Adjuster:         | _____                 | Phone: #:           | _____ Fax #: _____ |
| Claim Rep:        | _____                 | Phone: #:           | _____ Fax #: _____ |

## MEDICAL INTAKE FORM

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

### MEDICAL HISTORY

**General**

- Cancer \_\_\_\_\_
- Diabetes \_\_\_\_\_

**Cardiovascular/Hematologic**

- High Blood Pressure
- Heart Attack
- Coronary Artery Disease
- Anemia
- Peripheral Vascular Disease
- Stroke/TIA
- Heart Valve Disorders

**Gastrointestinal**

- GERD (Acid Reflux)
- Gastrointestinal Bleeding
- Stomach Ulcers
- Constipation

**Head/Ears/Eyes/Nose/Throat**

- Headaches
- Migraines
- Head Injury
- Hyperthyroidism
- Hypothyroidism
- Glaucoma

**Respiratory**

- Asthma
- Bronchitis/Pneumonia
- Emphysema/COPD

**Neuropsychological**

- Multiple Sclerosis
- Peripheral Neuropathy
- Seizures
- Depression
- Anxiety
- Schizophrenia
- Bipolar Disorder

**Musculoskeletal/Rheumatologic**

- Bursitis
- Carpal Tunnel Syndrome
- Fibromyalgia
- Osteoarthritis
- Osteoporosis
- Rheumatoid Arthritis

**Urological**

- Chronic Kidney Disease
- Kidney Stones
- Urinary Incontinence
- Dialysis

**Others**

|  |
|--|
|  |
|  |
|  |
|  |

### SURGICAL HISTORY

Please list any past surgeries:

|  |             |
|--|-------------|
|  | Date: _____ |
|  | Date: _____ |
|  | Date: _____ |
|  | Date: _____ |
|  | Date: _____ |
|  | Date: _____ |

### ALLERGIES

Medication Allergies:  Yes  No. If Yes, please list Medications below:

| Medications | Reaction |
|-------------|----------|
|             |          |
|             |          |
|             |          |
|             |          |

**Tropical Allergies:**

- Latex  Iodine
- Tape  IV Contrast

**Others:**

|  |
|--|
|  |
|  |

**MEDICATIONS**

Are you currently taking any blood thinners or anti-coagulants?  Yes  No

If YES, which ones?  Aspirin  Plavix  Coumadin  Lovenox  Other \_\_\_\_\_

Please list ALL medications you are CURRENTLY taking including vitamins:

| Current Medication Name | Dose  | Frequency |
|-------------------------|-------|-----------|
| _____                   | _____ | _____     |
| _____                   | _____ | _____     |
| _____                   | _____ | _____     |
| _____                   | _____ | _____     |
| _____                   | _____ | _____     |
| _____                   | _____ | _____     |

Please list all PAST pain medications that you have been on at any point for your current pain complaints?

| Past Pain Medication Name | Dose  | Frequency |
|---------------------------|-------|-----------|
| _____                     | _____ | _____     |
| _____                     | _____ | _____     |
| _____                     | _____ | _____     |
| _____                     | _____ | _____     |

**FAMILY HISTORY**

Mark all appropriate diagnoses as they pertain to your first degree relatives:

| Diagnoses:           | Mother                   | Father                   | Sister                   | Brother                  | Grandparents             |
|----------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Arthritis            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cancer               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Heart Disease/CAD    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Headaches/Migraines  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| High Blood Pressure  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Kidney Problems      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Liver Problems       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Rheumatoid Arthritis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Seizures             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Stroke               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Others (Condition & Person): \_\_\_\_\_

I have no significant family medical history

**SOCIAL HISTORY**

Temporary Disability  Permanent Disability  Retired  Unemployed

Are you currently under worker’s compensation?  No  Yes

Is there an ongoing lawsuit related to your visit today?  No  Yes

**Alcohol Use:**  Social Use  Daily use of alcohol  History of alcoholism  Current alcoholism  Never

**Tobacco Use:**  Current smoker  Former smoker  Never smoked  Packs/day? \_\_\_\_  # of Years? \_\_\_\_

**Illegal Drug Use:**  Denies any illegal drug use  Currently uses illegal drugs \_\_\_\_\_

Formerly used illegal drugs (not currently using) \_\_\_\_\_

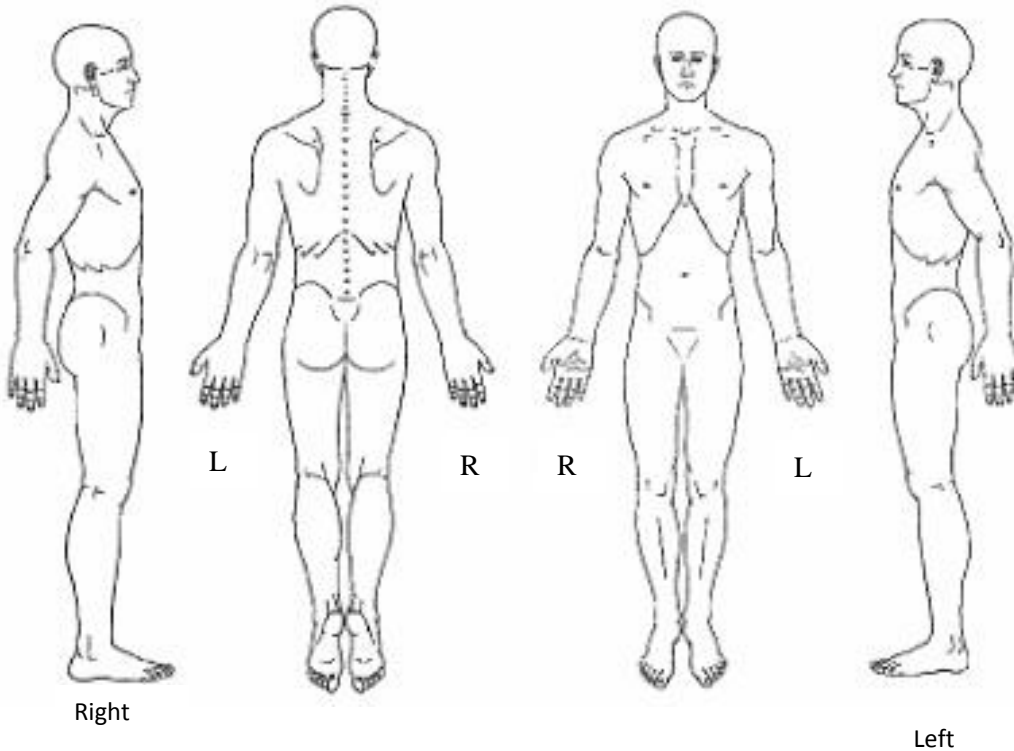
Have you ever abused narcotic or prescription medications?  Yes  No

**PAIN HISTORY**

Reason for your visit today (Chief Complaint)? \_\_\_\_\_

Does this pain radiate? Yes / No. If Yes, where? \_\_\_\_\_

**INSTRUCTIONS:** Please mark the areas on your body where you feel your PAIN. If the pain radiates, draw an arrow from where the pain starts to where it stops. Please extend the arrows as far as the pain travels.



**ONSET OF SYMPTOMS**

Approximately when did this pain begin? \_\_\_\_\_

What caused your current pain? \_\_\_\_\_

How did your current pain begin?  Gradually  Suddenly

Has your pain changed since it began?  Improved  Worsened  Same

**PAIN DESCRIPTION**

Check all of the following that describe your pain:

- Dull/Aching
- Hot/Burning
- Shooting
- Stabbing/Sharp
- Cramping
- Numbness
- Spasming
- Throbbing
- Squeezing
- Tingling/Pins and Needles
- Tightness

When is your pain at its worst?

- Mornings
- Daytime
- Evenings
- Bedtime
- Middle of the night
- Always the same

How often does the pain occur?

- Constant
- Changes in severity but always present
- Intermittent (comes and goes)

Please rate your pain on a scale of 1 to 10, 10 being the worst pain:

WORST \_\_\_\_\_ BEST \_\_\_\_\_ NOW \_\_\_\_\_

Please mark how the activities below change your pain level:

| Activity                     | Increases                | Decreases                | No Change                |
|------------------------------|--------------------------|--------------------------|--------------------------|
| Bending Backward             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Bending Forward              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Changes in Weather           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climbing Stairs              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Coughing/Sneezing            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Driving                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lifting Objects              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Looking upward               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Looking downward             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Getting up from being seated | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sitting                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Standing                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Walking                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

What other factors worsen or affect your pain not mentioned above?

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#### ASSOCIATED SYMPTOMS

**Do you have Numbness/Tingling?** Yes / No. **If Yes, Where?** \_\_\_\_\_

**Weakness in the arm/leg:** Yes / No \_\_\_\_\_ **Balance Problems:** Yes / No \_\_\_\_\_

**Bladder Incontinence:** Yes / No \_\_\_\_\_ **Uncontrolled Bowel :** Yes / No \_\_\_\_\_

**Joint Swelling/Stiffness:** Yes / No \_\_\_\_\_ **Fever/Chills :** Yes / No \_\_\_\_\_

Additional Comments: \_\_\_\_\_

Please mark all treatments you have used to relief pain:

| Activity              | Increases                | Decreases                | No Change                |
|-----------------------|--------------------------|--------------------------|--------------------------|
| Spine Surgery         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Physical Therapy      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Chiropractic Care     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Psychological Therapy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Brace Support         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Acupuncture           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hot/Cold Packs        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Massage Therapy       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medications           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TENS Unit             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Other: \_\_\_\_\_

### INTERVENTIONAL PAIN TREATMENT HISTORY

Please mark all treatments you have received for pain relief:

- Epidural Steroid Injection – Cervical/Thoracic/Lumbar \_\_\_\_\_ Relieved Pain? Yes / No
- Joint Injection – Joint(s) \_\_\_\_\_ Relieved Pain? Yes / No
- Medial Branch Blocks/Facet Injections - (circle levels) Cervical/Thoracic/Lumbar Relieved Pain? Yes / No
- MILD (Minimally Invasive Lumbar Decompression) \_\_\_\_\_ Relieved Pain? Yes / No
- Nerve Blocks – Area/Nerve(s) \_\_\_\_\_ Relieved Pain? Yes / No
- Radiofrequency Nerve Ablation – (circle levels) – Cervical/Thoracic/Lumbar Relieved Pain? Yes / No
- Spinal Cord Stimulator – Trial Only/Permanent Implant \_\_\_\_\_ Relieved Pain? Yes / No
- Trigger Point Injections – Where? \_\_\_\_\_ Relieved Pain? Yes / No
- Vertebroplasty/Kyphoplasty – Level(s) \_\_\_\_\_ Relieved Pain? Yes / No
- Other \_\_\_\_\_ Relieved Pain? Yes / No

### DIAGNOSTIC TESTS AND IMAGING

Please mark all of the following tests that you have related to your current pain complaints:

- MRI of the: \_\_\_\_\_ Date: \_\_\_\_\_
- X-Ray of the: \_\_\_\_\_ Date: \_\_\_\_\_
- CT Scan of the: \_\_\_\_\_ Date: \_\_\_\_\_
- EMG/NCV study of the: \_\_\_\_\_ Date: \_\_\_\_\_
- Other Diagnostic Testing: \_\_\_\_\_ Date: \_\_\_\_\_
- I have not had ANY diagnostic tests for my current pain complaint

Physicians or specialists you have consulted for your current pain problem(s):

- Acupuncturist                       Neurosurgeon                       Psychiatrist/Psychologist
- Chiropractor                           Orthopedic Surgeon                   Rheumatologist
- Internist                                   Physical Therapist                       Neurologist
- Other \_\_\_\_\_

Name(s): \_\_\_\_\_